



Item# 82110 - 150 Capsules

MAXUM ESSENTIALS™

Maxum Essentials™ has been specifically designed as a convenient alternative to SupraLife™ Network's Full Spectrum liquid products. It is essential in meeting the daily demands of the body, creating an overall sense of health, energy, and well-being.

Maxum Essentials™ uses cutting-edge technology, addressing not only potency, but providing the synergistic ratio of one nutrient to another to ensure optimal benefits, with added nutrients such as enzymes and lipotropics. When taken with Mineral Toddy™, Maxum Essentials™ provides the best absorption available in capsule form.*

Supplement Facts

Serving Size: 5 Capsules Servings per Container: 30

| Amount per Serving | % Daily Value* | Amount per Serving | % Daily Value* |
|--|----------------|--|----------------|
| Vitamin A (as fish oils) | 3,000 IU 60% | Copper (from copper aac) | 1 mg 50% |
| Vitamin A (as beta carotene) | 6,000 IU 120% | Manganese (from manganese aac, aspartate, citrate) | 3 mg 150% |
| Vitamin C (as ascorbic acid) | 600 mg 1000% | Chromium (from chromium aac) | 30 mcg 25% |
| Vitamin D3 (cholecalciferol) | 200 IU 50% | Molybdenum (from molybdenum aac) | 5 mcg 6% |
| Vitamin E (d-alpha tocopherol acetate) | 180 IU 600% | L-cysteine | 150 mg † |
| Thiamin (as thiamine hcl) | 45 mg 3000% | L-aspartic acid | 100 mg † |
| Riboflavin (as riboflavin and riboflavin 5 phosphate) | 45 mg 2650% | Rutin | 90 mg † |
| Niacin (as niacin and niacinamide) | 45 mg 225% | Hesperidin complex | 90 mg † |
| Vitamin B6 (as pyridoxine hcl and pyridoxal 5 phosphate) | 45 mg 225% | L-lysine | 75 mg † |
| Folic acid | 400 mcg 100% | DL-methionine | 75 mg † |
| Vitamin B12 (as cyanocobalamin) | 45 mcg 750% | L-glutathione | 75 mg † |
| Biotin | 120 mcg 40% | L-ornithine | 75 mg † |
| Pantothenic Acid (as d-calcium pantothenate) | 150 mg 1500% | Choline (from choline bitartrate) | 75 mg † |
| Calcium (from calcium aac, aspartate, citrate) | 150 mg 15% | Inositol | 75 mg † |
| Iron (from iron aac, aspartate, citrate) | 2.4 mg 13% | PABA (para-aminobenzoic acid) | 75 mg † |
| Iodine (from kelp) | 80 mcg 53% | Potassium (from potassium aac, aspartate, citrate) | 45 mg † |
| Magnesium (from magnesium aac, aspartate, citrate) | 150 mg 38% | Betaine (from betaine hcl) | 30 mg † |
| Zinc (from zinc aac, aspartate, citrate) | 6.5 mg 43% | Pancrelipase | 30 mg † |
| Selenium (from selenium aac) | 30 mcg 43% | Glutamic acid | 30 mg † |
| | | Bromelain | 4.5 mg † |
| | | Papain | 4.5 mg † |
| | | Boron | 1 mg † |

† Daily Value not established

Other ingredients: Montmorillonite, magnesium stearate, and capsule (gelatin and water).